



**AVIT**  
AARUPADAI VEEDU INSTITUTE OF TECHNOLOGY



**VINAYAKA MISSION'S  
RESEARCH FOUNDATION**  
(Deemed to be University under section 3 of the UGC Act 1956)



### Nutrition Awareness Program

To empower individuals with the knowledge and skills necessary to make healthier food choices, manage their resources efficiently, and thereby reduce the prevalence of malnutrition. To decrease the rates of childhood malnutrition through nutrition education initiatives in schools and communities. The NSS unit of AVIT ISR Cell VMRF-DU, Salem organized Nutrition Awareness program on 30.09.2024 at Arungundram Village Anganvaadi School. Dr.A.Nirmala HoD Of the Department Biotechnology ,AVIT delivered the lecture on Nutrition to the anganvadi students by poster and Nutrients. Students from Angavadi actively participated and interaction the session. At the end of the session Millets, Nuts were distributed freely to the students.



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## NUTRITION AWARENESS PROGRAM



**Resource Person:**

**Dr.A.Nirmala**  
**HOD/Biotechnology**  
**AVIT**



**Date:30/09/2024**

**Time: 10:30am**

**Venue: Anganvadi - Arunkundram  
(Thiruporur Taluk)**



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Accredited with  
'A' Grade by NMAC

**Organized by :**



**National Service scheme AVIT (ISR Cell)**



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